



# Adult BACKPACKING TRAINING

**Thu Oct 6  
7:00-9:00 pm**

## Classroom Training - Zoom

Local trip planning \* GSCCC requirements \* Safety \* Packing List & Gear \* Meals  
9:00-9:30 Pack check for overnight trip (only if you're going)

**Oct 15-16  
3:00 pm - 10:00 am**

## Backpacking Overnight Training & fun time Gifford Trail

**Meet at Gifford Trailhead 10/15 at 3pm**

**The hike:** We will hike 2.3 miles in to the old Gifford Ranch. There is old farm equipment, crumbling building foundations, and cows. We will carry in all our water, 2-3 liters each.

**No stoves:** Stoves are not allowed in the backcountry in the fall in the Los Padres National Forest. I will bring a couple stoves to show you in the parking lot, but our food will be all no-cook. And no hot coffee :(

**Gear:** Borrow a pack, tent, sleeping bag & sleeping pad for free!

I'll bring dinner & breakfast supplies; You supply personal items, snacks.

Pack check Sept 18 10:00, Zoom

On your own: Practice hike with full backpack 1.5+ miles, over hills

**\$30 per adult (for meals & group gear)**

- Adults only, must be registered GS (Overnight Training repeats are welcome!)
- Refunds available only when event is cancelled
- Min/max participants: 5/15 for overnight; min 3/no max for zoom
- Reg. deadline: Sept 26 for overnight; Sept 5 for zoom
- Attend one or both

Trek Wild is Volunteer led hiking and backpacking in the GSCCC central/south area

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