

Pismo Preserve

Spring to Spring Trail



Region: San Luis Obispo County

Length: 3.4 miles round trip

Difficulty Rating: Moderate

Elevation Gain: 488 feet

Girls bring: Backpack, water, snack, hat, jacket (cool and windy!), sunscreen. Wear shoes that could get wet. Adults add: Map/Info sheet Required paperwork, first aid kit, phone, TP & ziploc (pack it out). If hiking after ~3pm add: headlamp, space blanket

When to go: Year round, but is closed if there has been inclement weather.

Getting There and Parking: From the 101 northbound, exit on Mattie Rd. Turn right then immediately left, parking lot is on the right. From 101 southbound, exit Price Street, head under the bridge. Parking lot is up the hill on the right

Bathrooms: Pismo Preserve has bathrooms at the trailhead, but no others.

Safety Considerations: There is poison oak along many of the trails; know what to look for before you go. Watch for rattlesnakes.

Helpful Links:

<https://www.alltrails.com>

<https://www.hikespeak.com> (search Spring to Spring Trail Pismo)

Route Description:

One of many beautiful trails at Pismo Preserve, Spring to Spring trail offers beautiful 180* views of the ocean and the cities of Pismo Beach and Shell Beach. As well as views east along the backside of the trail. There is not much shade along the trail so sun protection and water are a must. During late spring an abundance of wildflowers can be seen along the trail as well as pollinators and wildlife. All trails at Pismo Preserve are one way and open to both hikers and bikers. Be especially aware when heading downhill (bikers should have bells on their bikes to warn others) Dogs are welcome on the trail as well, but should be leashed and picked up after.



In the summer season be on the lookout for snakes, especially rattlesnakes. They are often sighted along these trails.

How to Get Your Charm:

Take a photo of yourself with the ocean view in the background. Email the photo and the names of the registered Girl Scouts in the photo to programs@girlscoutsecc.org with the subject "Spring to Spring" You'll get an embroidered charm to hang on your patch loop.

 Happy Trails

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