



Knots:

Before completing this charm, girls should have completed the Be Wild, Be Free patch

Daisy:

- Learn to tie an overhand knot.
- Learn to tie a square knot.
- Learn to tie a larks head or cow hitch
- Learn what each of these knots is used for.
- Use the knots you've learned to tie a friendship bracelet and exchange with a troop mate
 - o Friendship bracelet with overhand knots

Brownie:

- Review the overhand, square, and larks head knots.
- Learn to tie a clove hitch
- Learn to tie a bowline
- Learn what each of the knots is used for.
- Practice each of the knots in a "real life" setting or make a friendship bracelet
 - o Friendship bracelet with square knots
- Practice "hanking" your rope when you're not using it.

Junior

- Review the overhand, square, and larks head knots and their uses.
- Review the clove hitch and bowline and their uses.
- Learn the highwayman's hitch and what it is used for
- Make a bracelet using paracord. This is an <u>easy bracelet</u>. When you've mastered it, try something harder.

Cadette:

• Review overhand, square, larks head, clove hitch, bowline, highwayman's hitch and "hanking."

- Learn a sheet bend knot and its uses.
- Visit the website "animated knots" and discover many other knots you can use.
- Make a <u>survival paracord bracelet</u>.
- Practice your knot skills while camping or hiking.
- Teach the skills you have to a younger troop and help them earn their knot charm.

Senior/Ambassador:

- Review overhand, square, larks head, clove hitch, bowline, highwayman's hitch, sheet bend and "hanking."
- Visit the website "animated knots" and learn at least 5 other knots that would be useful.
- Learn which knots you need to know for lashing.
- Make a paracord bracelet using at least 3 different knots.
- Use your knot skills on a camping, hiking or backpacking trip.
- Teach the skills you have to a younger troop and help them earn their knot charm